

Overcoming Homelessness by Owning Three Restaurants



Trials and Tribulations are two words that Darnell Ferguson knows all too well. The 29 year-old has struggled with incarceration, homelessness and a lack of self-control throughout his short span as an adult. His life was spiraling out of control quickly and just when things seemed to be at their worst – he made a last-ditch effort and walked into a local church – changing his life forever.

Ferguson was born in Philadelphia but his family relocated to Columbus, OH when he was young. He was raised by his Mom and Step-dad, and credits them for providing him with a very good life. Despite having great parents – Ferguson struggled throughout High school and was on the verge of failing out. During his Junior Year he decided to transfer to a Vocational High School in the Columbus area that offered courses in Culinary Arts.

Ferguson was prospering in College but like most students – he experienced financial hardship. Having not yet found himself – he made the poor decision to start selling drugs to support himself throughout School. After Graduation he continued selling drugs instead of pursuing a career as a Chef and his luck suddenly ran out. Ferguson was arrested eight times in a three-month period. Subsequently, he lost everything that he owned and his Landlord evicted him – leaving him homeless.

Although he wasn't involved in illegal activities anymore – there were still areas in his life that he needed help. He had a bad temper which resulted in severe arguments with his Co-workers. Tired of struggling with life, he walked into the Southeast Christian church searching for God. As he begun to place his trust in God and studying His Word, his life started to turn around.



SuperChef's serves affordable "high-end" food at affordable prices. The menu items are centered around comic book themes.

One day Darnell ran into an Friend who offered to let Ferguson lease Restaurant space during Breakfast hours, where he independently run his own Restaurant. This concept is known as a "Pop-Up" in the Restaurant Business, in which he named it "Super-Chef". During his cooking career he had the opportunity to participate in the Beijing Olympics where he learned of this concept. After securing an Investor and partnering with a Friend from college named Rodney White, his a full-service SuperChefs restaurant opened on July 9, 2012. As Darnell's restaurant career continued to grow, he opened another restaurant in Louisville, KY and then later opening one in Downtown Columbus called SuperChef's Breakfast & More at 199 E. Broad St.

Giving a Card Can Make Someone Happy!



Article by
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Even though Teachers Appreciation Day isn't until May, Principals Month isn't until October, and Secretaries Day isn't until April; we can always appreciate School Personnel for any occasion—just like Linden McKinley Stem Academy High School Writers Seminar classes and the Art club did this past Valentine's Day.

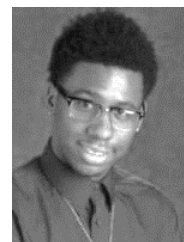
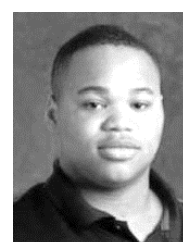
Students surprised the Teachers and Staff with something a little better than "Thanks". When Teachers and Staff received their handmade Valentine's Day Cards, they were all so happy. There were smiles everywhere and so much appreciation.

It's easy to say "Thanks." So what do we do to say thanks? Buy material and make a card, or buy a card that's already made, and then have an anonymous messenger put the cards in the Staffs' mailboxes or hand out cards in person. When you do, watch smiles happen.

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If You, your School or your Company would like to submit newsworthy information to the RAVE, send your inquiries to: Linda Nelson, Ronald Allen Technology Center, (614) 767-9229, rlassoc410@aol.com, www.rl410.com.

When Swearing Goes Overboard...



LMSA - Mr. Joseph Colbert

LMSA - Mr. Anthony Walton

Teenage viewpoints about Profanity.

We believe that profanity isn't that much of an issue unless a person constantly swears. We also believe that most people use profanity to express strong emotions. If a person is excessively using profanity, one way to get them to stop is to tell them to "Chill" (calm down).

People can also learn words to substitute for swear words. Some words that can be used to substitute for swear words are "rats!" and "shoot!" Sometimes people might swear to get attention. Getting upset or mad won't do any good to stop the swearing behavior.

According to Dr. Kenneth Shore, a psychologist noted for his work with schools, and who is a regular contributor to *Education World*, "If you perceive that a student is swearing to get your attention or upset you, react in a low-key restrained manner. Focusing on the student or getting upset yourself will give the student the attention he is seeking and reinforce his impulse to swear."

As Shore recommends to change swearing behavior, the Adult must stay calm and simply say, "There are better more effective ways to get my attention"